

BUG OUT BAG Checklist

WATER

- Water purifying tabs.
- Sawyer Mini Water Filtration System
- Emergency Purified drinking water

FOOD

- US Military MRE
- Energy Bars
- Beef Jerky

SHELTER

- Lightweight Bivvy
- Ultralight Tarp

MEDICAL

- Small first aid kit
- N95 mask
- Bug repellent
- Sunscreen
- Medications: Aspirin, Ibuprofen, Antihistamines, pain killers, Antibiotics.
- SAM splint

HYGIENE

- Hand sanitizer
- Antibacterial wet wipes
- Toilet paper

FIRE

- Survival spark magnesium fire starter
- Waterproof matches
- ZIPPO lighter
- Bic lighters
- Any kind of tinder, cotton balls, lint ppacked in waterproof bag

CLOTHES

- Sunglasses
- Bandana
- Hat
- Shoes
- Socks
- Pair of work gloves
- Poncho

COMMUNICATION

- Radio transistor
- HAM two-way radio
- Wistle
- Flashlight
- Chemlight
- Extra batteries

TOOLS

- Multitool set
- Duct tape
- Knife

- Zip ties
- Binoculars
- Compass
- Paracord
- USB drive with all your info on it

PERSONAL WEAPONS

- Personal firearm
- Pepper spray
- Blade knife, combat knife or bowie

BARTER ITEMS

- Alcohol
- Cigarettes
- Gold
- Cash

ADDITIONAL ITEMS

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

